

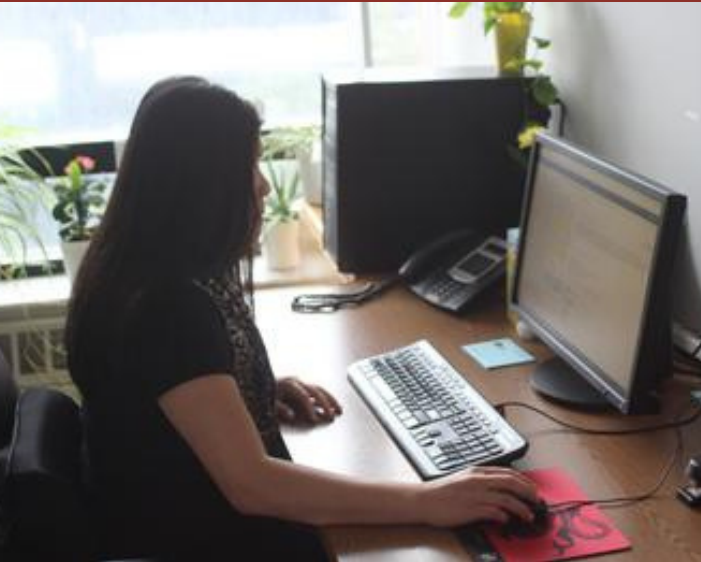
Our Team

Prescribers

Nurses

PROS
Counselors

Vocational
Specialists



Who we serve?

- 18 years old +
- Have a mental illness diagnosis
- The only Mandarin or Cantonese speaking program in NYC
- Those who struggle with maintaining work/school

Pre-vocational and Vocational Services

- We can help you obtain education volunteer, part-time or full-time jobs.
- We provide on-site and off-site support.
- We provide vocational assessment to illness understand your strengths and barriers diagnosis.
- We provide personalized basic skill training.
- We offer personalized job development.
- We help you practice skills in simulated settings.
- We provide ongoing support to ensure you can keep up with you school / job.



Get in touch!

253 South Street, New York, NY 10002

(212) 720-4541

prospectplace@hmonline.org

Mon-Fri 9:00am – 5:00pm



Personalized Recovery Oriented Services (PROS)

Here to support you every step of your recovery journey

What is PROS?

- ✦ PROS is a Recovery-Oriented program for adults with mental health diagnosis.
- ✦ PROS focuses on provide care that is person-centered, self-directed, you work with staff to define your goals.
- ✦ PROS emphasizes life roles and activities outside the mental health system including employment, education, more independent housing, relationships, hobbies and interests.
- ✦ PROS supports you through our Interdisciplinary team to integrate treatment, rehabilitation and support services.
- ✦ PROS provides services that are Evidence-Based practices.

What is recovery?

Recovery is the process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.



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"I used to do odd jobs and now I am glad to be able to go back to the trial period to help your community. Working makes me decide more independent, proactive, and mentally committed healthy."

-- Frank, part-time computer teacher in a community center

PROS Services

- ✓ We offer flexibility in the languages we use and ways we can service you.
- ✓ We offer over 20 types of services, such as basic living skills and coping skills training.
- ✓ We offer group and individual services.
- ✓ We offer both on-site and off-site services.
- ✓ We offer self-directed activities to personalize your recovery.
- ✓ We offer 2 to 6 weeks trial period to help you decide whether to commit.

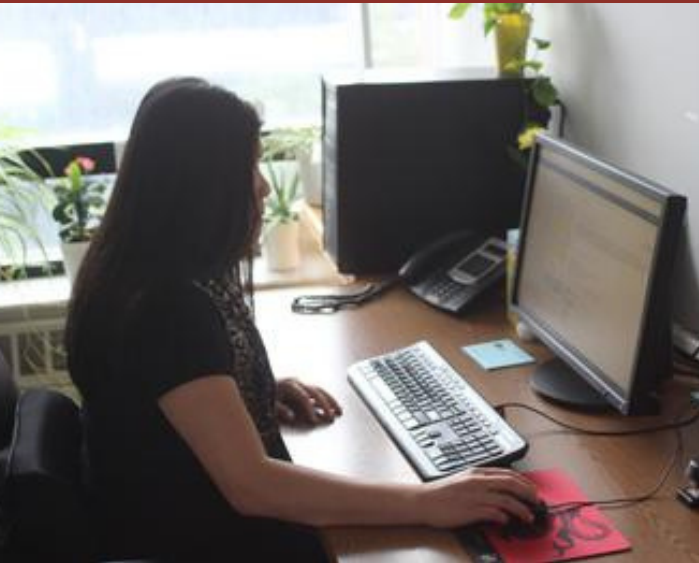
我们的团队

精神科医生

护士

PROS 咨询师

职业辅导员



我们的服务人群?

- 18 岁以上
- 被诊断患有精神疾病
- 在获得/保持工作或学校方面遇到困难的人群
- 我们是纽约市唯一提供普通话或粤语服务的项目

职前和职业服务

- 我们可以帮助您获得教育、志愿服务、兼职或全职工作
- 我们提供在展望会内和出展望会外的支持
- 我们提供职业评估，了解您的优势和障碍
- 我们提供个性化的基本技能培训
- 我们提供个性化的职业发展
- 我们帮助您在模拟环境中练习技能
- 我们提供持续的支持，确保您能跟上学业/工作的步伐



联系我们

地址：253 South Street, New York, NY 10002

电话：(212) 720-4541

邮箱：prospectplace@hmhonline.org

周一至周五 9:00am – 5:00pm



PROSpect Place PROS 展望会 个人化康复服务

我们在这里为您的康复旅程的每一步都提供支持

什么是 PROS?

PROS是一个为成年患有精神健康诊断的人提供康复导向服务的项目。

PROSpect Place是纽约唯一专门为讲普通话和/或粤语的社区提供PROS服务的项目。

PROS专注于提供以人为本、自主导向的护理。您将与工作人员合作制定您的目标。

PROS强调生活角色和精神健康系统外的活动，包括就业、教育、更独立的住房、人际关系、爱好和兴趣。

PROS通过我们的跨学科专业团队支持您，以整合治疗、康复和支持服务。

PROS提供基于研究证据的有效服务。

大多数PROS服务以类似学校课程的小组形式提供，您将能够尝试并学习各种需要的技能

什么是康复?

康复是一种变化过程，人们通过这个过程改善他们的健康和福祉，过上自主导向的生活，并努力实现他们的全部潜力。



”

“我曾经做一些零散的工作，现在我很高兴能够重新融入社区。工作使我更加独立、积极主动，并保持心理健康。”

- Frank, 社区中心的兼职计算机老师

PROS 服务

- 我们在语言和服务方式上提供灵活性
- 我们提供 20 多种服务，例如基本生活和应对技能培训。
- 我们提供小组和一对一服务。
- 我们提供在中心和社区里的服务。
- 你的服务是个人导向的，使你的康复过程个人化。
- 我们提供 2 到 6 周的试听期，帮助您决定是否要投入。