Hamilton Madison House

Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street. New York, NY 10038 || Tel: (212)-788-5580

Operation Hours 營業時間 Monday to Friday 周一至周五 8:30AM – 4:30PM

Breakfast 早餐服務 Monday to Friday 周一至周五 9:00AM - 9:30AM

Lunch 午餐服務 Monday to Friday 周一至周五 11:30AM - 12:30PM

Social Assistance Services 社工服務 Monday to Friday 周一至周五 9:00AM-11:30AM

Member Registration 會員入會 Monday to Friday 周一至周五 9:30AM-11:30AM

2026 四月份的中心活動日曆 Calendar April 2026 In person, Hybrid & Virtual

WHOLE DAY 全天活动

- Computer Lab 电脑室/ Library 图书室 (newspaper& books 当日报纸, 图书) 9am-3:30pm
- Ping Pong 乒乓球 9am-3pm
- Chinese Chess, Mahjong 象棋, 麻将 / Multimedia: TV show/ movie day 电影 / 电视

Please scan the WeChat QR code on the right corner and subscribe to the official WeChat account platform for the recent updates.
Or visit: https://hamiltonmadisonhouse.org/older-adult-youth-community-services/
欢迎参加耆英会多种精彩活动。请扫描右上角的二维码关注微信公众号，获取最新消息。或请访问官网 https://hamiltonmadisonhouse.org/older-adult-youth-community-services/

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
10am-11:15am Tai Chi 太极 Self-Practice Only in April	9:30am-11:00am 手機平板電腦應用課 (Hybrid) Smart phone and Tablet class	9:30am-11am Square Dance 广场舞	9:30am-10:30am Zumba 森巴舞	10am-11:15am Tai Chi 太极 Self-Practice Only in April
10:30am-11:30am Blood pressure 量血壓	9:30-10:30am Chinese Painting 国画班	9:30am-11:30am Paper Folding 折纸艺	10:30am-11:30pm Music Group 音乐组	9:00am-11:00am ESL Zoom 线上英文课
10:00am-11:30am Piano Class Advanced 中级钢琴课	10:30am-11:30am Calligraphy 書法班	English Conversation Class 英语会话课 9:30-10:30am (Beginner) 初阶课 10:30-11:30am (Advanced) 进阶课	10:00am-11:30am 零基础钢琴课 Absolute Beginner Piano	10:30-11:30am Blood pressure 量血壓
4/6 and 4/13 No Ballroom Dance 4 月 6 日和 4 月 13 日下午没有社交舞蹈课	4/28 9:30am-11:00am AI Training 人工智能课 4/21 10:30am-11:30am Chair Yoga 椅子瑜伽	4/2 10:00am-11:30am Nutrition Workshop 营养讲座	4/9 10:30am-11:30am 健康保险讲座 Education Information Workshop	4/17 10:00am-11:30am Elder Abuse Awareness Workshop 老年人防虐待讲座
1:00pm-3:00pm Piano Class Beginning 初级钢琴课	1:00pm-2:30pm Karaoke 卡拉 OK	1:00pm-2:30pm Karaoke 卡拉 OK 1:00pm-2:30pm Drawing Class 素描课	1:15pm - 3:15pm Social Dance Exercise Club 交谊舞	1:00pm-3:00pm Chorus 合唱團
1:00-2:00 Ballroom Dance Exercise 社交舞蹈课	1:00pm-3:00pm Computer Class 電腦課	1:00pm-3:00pm Computer Zoom Class 线上電腦课	1:00pm-2:30pm Karaoke 卡拉 OK	4 月 5 日清明节
2:30pm-4:30pm Citizenship Zoom Class 线上公民入籍班 restart 4/6	1:00-3:00pm Korean Culture Club	1:00pm -3:30pm Chinese Opera 京剧	1pm - 3pm Line Dance 民族舞蹈课	
4/13 1-3pm Jassi's Party				

本月亮点 Program Highlights:

- 4 月 9 日上午有健康保险讲座，欢迎参加！Join us for the Education Information Workshop on 4/9.
- 4 月 2 日有营养讲座，欢迎参加。Join us for Nutrition Workshop on 4/2.
- 4 月 28 日有人工智能课，欢迎参加。Join us for the AI Training on 4/28
- 4 月 5 日清明节。清明安康，万事顺遂。
- 4 月 17 有老年人防虐待讲座，欢迎参加！Join us for Elder Abuse Awareness Workshop on 4/17.
- 4 月 21 日有椅子瑜伽课，欢迎参加！Join us for Chair Yoga on 4/21.

The City Hall Older Adult Center is funded by the New York City Department for the Aging 耆英會長者中心由紐約市老人局資助