



Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street. New York, NY 10038 || Tel: (212)-788-5580

Operation Hours 營業時間 Monday to Friday 周一至周五 8:30AM – 4:30PM

Breakfast 早餐服務 Monday to Friday 周一至周五 9:00AM - 9:30AM

Lunch 午餐服務 Monday to Friday 周一至周五 11:30AM - 12:30PM

Social Assistance Services 社工服務 Monday to Friday 周一至周五 9:00AM-11:30AM

Member Registration 會員入會 Monday to Friday 周一至周五 9:30AM-11:30AM



2026 五月份的中心活動日曆 Calendar May 2026 In person, Hybrid & Virtual

WHOLE DAY 全天活动

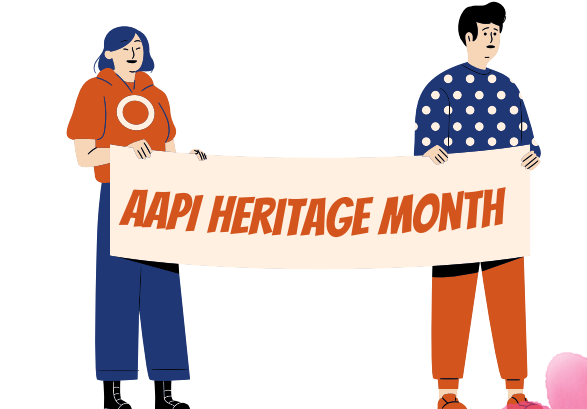
- Computer Lab 电脑室/ Library 图书室 (newspaper& books 当日报纸, 图书) 9am-3:30pm
- Ping Pong 乒乓球 9am-3pm
- Chinese Chess, Mahjong 象棋, 麻将 / Multimedia: TV show/ movie day 电影 / 电视



Please scan the WeChat QR code on the right corner and subscribe to the official WeChat account platform for the recent updates.

Or visit: <https://hamiltonmadisonhouse.org/older-adult-youth-community-services/>

欢迎参加耆英会多种精彩活动。请扫描右上角的二维码关注微信公众号，获取最新消息。或请访问官网 <https://hamiltonmadisonhouse.org/older-adult-youth-community-services/>

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
10am-11:15am Tai Chi 太极	5/5, 5/26 10:00-11:00am Salsa Dance 莎莎舞	9:30am-11am Square Dance 广场舞	9:30am-10:30am Zumba 森巴舞	10:00-11:00am Salsa Dance 莎莎舞 5/1, 5/15, 5/22
10:00am-11:30am Piano Class Advanced 中级钢琴课	9:30-10:30am Chinese Painting 国画班 10:30am-11:30am Calligraphy 书法班 9:30am-11:00am 手機平板電腦應用課 (Hybrid) Smart phone and Tablet class No Class on 5/19, 5/26	9:30am-11:30am Paper Folding 折纸艺 English Conversation Class 英语会话课 9:30-10:30am (Beginner) 初阶课 10:30-11:30am (Advanced) 进阶课	10:30am-11:30pm Music Group 音乐组 10:00am-11:30am 零基础钢琴课 Absolute Beginner Piano	9:00am-11:00am ESL Zoom 线上英文课 10:30-11:30am Blood pressure 量血壓
5月25日 亡兵纪念日 中心关门休息一天 5/25 Center close for Memorial Day MEMORIAL DAY	5/19 10:00am-11:30am Nutrition Workshop 营养讲座 5/12 10:30am-11:30am Chair Yoga 椅子瑜伽	10:30am-11:30am Blood pressure 量血壓	SPRING	5/8 10:00am-11:30am Mother's Day 母亲节派对 5/29 10:30am-11:30am Dr. Jin Nutrition Workshop 金医生健康营养讲座
1:00pm-3:00pm Piano Class Beginning 初级钢琴课	1:00pm-2:30pm Karaoke 卡拉OK	1:00pm-2:30pm Karaoke 卡拉OK 1:00pm-2:30pm Drawing Class 素描课	1:15pm - 3:15pm Social Dance Exercise Club 交谊舞	1:00pm-3:00pm Chorus 合唱團
1:00-2:00 Ballroom Dance Exercise 社交舞蹈课	1:00pm-3:00pm Computer Class 電腦課	1:00pm-3:00pm Computer Zoom Class 线上電腦课	1:00pm-2:30pm Karaoke 卡拉OK 1pm - 3pm Line Dance 民族舞蹈课	Happy AAPI Month! 共同庆祝亚裔月 
2:30pm-4:30pm Citizenship Zoom Class 线上公民入籍班	1:00-3:00pm Korean Culture Club 5/19 1-2pm Birthday Party 生日会	1:00pm -3:30pm Chinese Opera 京剧	5/14, 5/21, 5/28 Golden Tea 2.0 1:00pm-2:30pm 金茶会	

本月亮点 Program Highlights:

- 5月20日 参观 Think! Chinatown 展览 Visiting Think!Chinatown exhibition on 5/20
- 5月27日 国家健康健身日老人健身活动 National Health & Fitness Day on 5/27
- 5月30日 健康社区日 (周六) Health Community Day on 5/30
- 5月25日 亡兵纪念日中心休息关闭一天 Center will be closed on Memorial Day 5/25.

The City Hall Older Adult Center is funded by the New York City Department for the Aging 耆英會長者中心由紐約市老人局資助

