

2026 八月份午餐菜單 Lunch August Menu 2026				
Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
8/03/2026	8/04/2026	8/05/2026	8/06/2026	8/07/2026
Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Tofu with Minced Pork ★★🍍麻婆豆腐🍍★★	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Beef Stew ★★★★★牛腩★★★★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Cooked Shrimp ★★大蝦★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Baked Mushroom Chicken ★🍍蘑菇雞肉🍍★	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Chinese Tofu and Eggs ★🍍滑蛋豆腐🍍★
8/10/2026	8/11/2026	8/12/2026	8/13/2026	8/14/2026
Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Pork Spare Ribs ★★🍍燒排骨🍍★★	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Moroccan Fish ★摩洛哥三文魚★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Curry Chicken ★★咖喱雞★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Buddha's Delight 🍍🍍羅漢齋🍍🍍	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Chinese Style Pork ★★红烧肉★★
8/17/2026	8/18/2026	8/19/2026	8/20/2026	8/21/2026
Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Vegan Japche ★★特色韓國齋★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Cooked Shrimp ★★大蝦★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Tofu with Minced Pork ★★🍍麻婆豆腐🍍★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Pork Spare Ribs ★★🍍燒排骨🍍★★	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Beef Stew ★★★★★牛腩★★★★★
8/24/2026	8/25/2026	8/26/2026	8/27/2026	8/28/2026
Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Baked Mushroom Chicken ★🍍蘑菇雞肉🍍★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Chinese Tofu and Eggs ★🍍滑蛋豆腐🍍★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Pork Spare Ribs ★★🍍燒排骨🍍★★	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Baked Salmon ★★焗三文魚★★	Breakfast: Oatmeal + Fruit + Bun 早餐: 麥皮+水果+麵包 Tofu with Minced Pork ★★🍍麻婆豆腐🍍★★
8/31/2026	9/1/2026	9/02/2026	9/03/2026	9/04/2026
Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Homemade Fish Cake ★🍍魚豆腐🍍★	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Pork Spare Ribs ★★🍍燒排骨🍍★★	Breakfast: Oatmeal+ Fruit + Bun 早餐: 麥皮+水果+麵包 Vegan Japche ★★特色韓國齋★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Beef and Beans ★★青豆牛肉粒★★	Breakfast: Congee + Fruit + Bun 早餐: 粥+水果+麵包 Baked Breaded Fish ★★麵包糠魚片★★
All meal is first-come, first-served, until the end or the meal time of until all food has been served. 所有餐點均先到先得，直到用餐時間結束或所有食物派完即止。 Please stay tuned for more info. on our WeChat official account or visit us: https://hamiltonmadisonhouse.org/ 敬請留意我們中心的微信公眾號上的通知。 The City Hall Older Adult Center is Funded by The New York City Department for The Aging				